**Henrietta Szovati, CPCC**

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**Profile**

An experienced Co-Active Coach with a strong track record of life and corporate coaching, team coaching and leadership skills. A heart smart, courageous graduate with well-developed intellectual and emotional abilities to move individuals and organizations towards their vision with effective motivational skills and facilitation of change management in a multicultural environment. Fascinated by human development and adult learning models, Henrietta’s passion and heart smart approach brings clarity and balance to people’s personal and professional life.

**Key Achievements and Experience**

* Setting up an independent coaching consultancy
* Designing and delivering over 200 seminars, workshops and trainings
* Establishing Barefoot Institute, a coaching and relationship organization
* Designing training manuals on working with diversity in multicultural companies and organizations

**Education**

The Coaches Training Institute (CTI) International Leadership Programme

The Coaches Training Institute (CTI) Coaching Certification Programme

Masters Degree in Cultural and International Studies, Loughborough University, UK

Bachelors Degree in Psychology and Human behaviour, Bessenyei Gyorgy University, Nyiregyhaza, Hungary

Teaching English as a Second Language, Bessenyei Gyorgy College, Nyiregyhaza, Hungary

A levels, Esze Tamas Grammar School, Mateszalka, Hungary

**Recent Career Summary**

2010-2013 Independent Co-Active Coach

Executive Director Barefoot Institute

2007-2010 Trainer and facilitator Freelance

2005-2007 Project manager and DiverCity Limited

designer of training manual

**Detailed Career Summary**

**EXECUTIVE DIRECTOR AND CO-ACTIVE COACH, BAREFOOT INSTITUTE 2010 TO DATE**

Responsible for setting up infrastructure for coaching and relationship organization. Working as a Co-Active coach with individual corporate clients and groups. Developing training manual for relationship trainings.

* Designed and delivered a series of personal development and coaching workshops for the Ministry of Justice
* Coached over 300 people internationally either individually or in organizations to reach their full potential
* Been actively involved in developing personnel in organizations (including volunteer and professional social networks)
* Appeared in high profile events as a speaker
* Contributed to publications including many books
* Written for EMEL magazine as a contributor and regularly blog about my experiences as a coach

**FREELANCE TRAINER AND FACILITATOR (2007-2010)**

As part of my career break I worked as a freelance trainer and facilitator in delivering contracted trainings and workshops. I also proud myself in running various projects from my own initiatives.

* Initiated and delivered women’s development programme to empower and inspire women to reach their full potential
* Organized and managed retreats and weekend residential coaching events
* Produced a draft of a training manual on relationships and coaching
* Organized and delivered relationship trainings for individuals and couples in the UK, Norway and Sweden
* I am a regular supporter of volunteer groups developing their personnel to reach their potential nationally and internationally

**PROJECT MANAGER AT DIVERCITY LTD. (2005-2007)**

Initially a role for project managing, I also took an active role in designing and delivering training for institutions on multiculturalism and diversity.

* Researched, designed and delivered diversity trainings
* Designed and introduced a competency-based appraisal and recruitment programme.

**CONTINUING PROFESSIONAL DEVELOPMENT**

I am currently on the Coaches Training Institute (CTI’s) world renowned Leadership Programme and as part of my continuous education in the field of coaching I regularly attend workshops and seminars using the most recent techniques and research in Neuroscience and Emotional Intelligence to up skill.

**INTERESTS**

Meditation, Trustee of a children’s charity, travelling and learning to improve my spoken Spanish. As a native Hungarian, I also studied Arabic and I am very comfortable in multicultural environments. I have home-educated very successfully my two, British born children.